

When You Feel A Quake Or Hear The Emergency Earthquake Warning...

## QUAKE! Protect Yourself First.

- Be prepared and protect yourself from an earthquake when you hear an earthquake warning announcement or feel a quake.
- Stay under a large table until a quake is gone. Keep yourself safe from falling or moving objects during a quake.

【High-rise Building with 10 or More Floors】

- Upper floors may be shaken for several minutes.
- Large, slow shakes may let the furniture fall down or move across the room.



# 10tips for EARTHQUAKE SAFETY



Funwari Fumufumu  
(Life Safety Mascot)

### Right After An Earthquake

#### Keep Calm. Check All Fire Sources. Put Out Fire Quickly.

- If you were using any sources of fire or heat, turn them off when the shaking calms down.
- If a fire starts, put it out quickly and calmly.



#### Keep Calm. Panic May Cause You Injuries.

- Be careful of fallen objects or shattered glass in the home.
- Stay inside. Roof tiles, broken window glass or signboards may fall down and hit you.



#### Keep Away From Gateposts And Walls.

If you feel an earthquake outside, stay away from concrete walls and other objects which may fall over.



#### Make Sure You Have Ways Out: Open Doors And Windows

Secure an exit for escape when the shaking stops.



### After An Earthquake

#### Make Sure Your Family And Neighbors Are Safe.

After you confirm your family's safety, check your neighbors' safety and if fires broke out nearby.



#### Work Together On Firefighting, Rescue And First Aid.

- Work together to prevent fire spread by street fire extinguishers when you find a fire in your neighborhood.
- Work with your neighbors to free victims from under debris or fallen furniture and to give first aid.



#### Get The Right Information. Take The Right Action.

Get accurate information sent by the government, broadcasting stations and railroad companies.



#### Make Sure Electricity And Gas Are Off Before Evacuation.

In need of evacuation, turn off circuit breakers and the gas at the main before your evacuation, to prevent electrical shorts which may result in an electric fire after recovery and gas leakage.



#### Stay Away From Fires And Tsunami.

- Call out to each other and take refuge in a temporary assembly spot or evacuation area when the community faces a large fire that endangers and threatens lives.
- Leave the coast as soon as possible for a higher and safer place in the event of a large quake or tsunami warning at the seaside or riverside.

