

池袋防災館 Ikebukuro

Life Safety Learning Center

Document at the time of the disaster prevention experience

This Center facilitates emergency training for disasters.

We instruct you on how to survive and escape safely from disasters.

All information, including the survival guide explanations, is only in Japanese. ※Please bring an interpretable person to tell the safety matter when you come by ten people or more.

The basic training tour mainly consist 4 stages :
Short film about the past of Japan earthquake,
Firefighting with a fire extinguisher, escaping from
smoke and earthquake simulation.

The short tour consists of 2 stages :
Short film about the past of Japan earthquake and
Earthquake simulation.



Mascot character
“IKEZO-KUN”

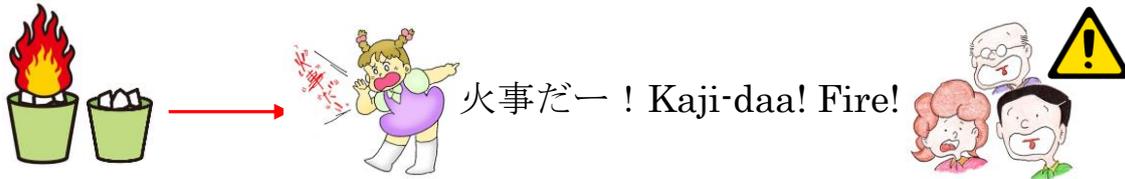
- # The basic training tour takes 1 hour 40 minutes.
- # Basic training tour : 9:30-11:10, 13:00-14:40, 15:00-16:40
(Last admission time is 16:15)
- # Short tour is 11:10-12:00
- # Follow tour guide's instructions safety.
- # If you feel sick during the training tour, feel free to ask to be excused immediately.
- # No smoking, eating or drinking allowed in the center.
- # For safety and comfort, please refrain from experience sections if you are pregnant. You should be in good health and free from heart and neck problems, motion sickness, hypertension, or other conditions that could be aggravated by our simulators.

[It can be experienced by more than 10 years old]

消火 Fire simulation

Let's look at what you should do if you find a fire.

If you find a fire, shout "Kaji-daa!" ["Fire!" in Japanese] and ask for help.



Then you should call 119 (i.e., emergency number)
In case of a fire,
an accident or a medical emergency.

If the fire is still small, put it out with an extinguisher.
Have you ever used a fire extinguisher ?

Let's try !!

Check !!



Step 1. ⇒ Pull out the safety pin.
Step 2. ⇒ Direct the hose toward the base
of the fire.
Step 3. ⇒ Squeeze the lever.



Drop your hips,
And focus on the fire straight ahead.



When the fire is up to the ceiling,
You must immediately get out.
Don't ever go back !

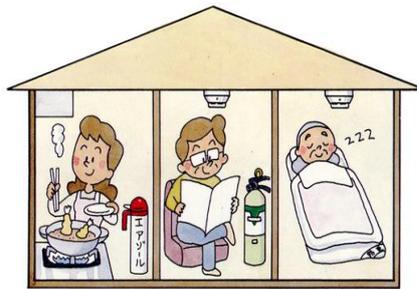
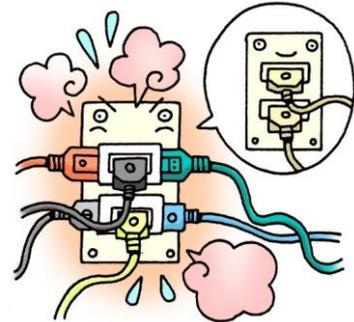


Notes on training.

- ◆ Because it is entering the eye and dangerous, please stop the hose wielding it playfully at the time of training !
- ◆ The floor is sometimes very slippery, so watch your step !

消火 Fire simulation

What kind of fires occur in Tokyo ?



Fires are on the decrease these days in Tokyo. Why ?

- ◆ Programs grassroots-level disaster orientation have made people more aware how important fire prevention is.
- ◆ There are a lot of wooden buildings in Japan, so the fire prevention measure is important.



- ◆ Installation of residential fire alarm was obliged to all the general houses in Japan from 2009.



[Without age restriction, This maze room's smoke is not toxic.]

煙 Smoke simulation



In this section, you can learn how to survive smoke.

We have a smoke maze room.
In this session, we show you how to escape from smoke.



Let's try !!

Notes on training

◆ The floor is sometimes very slippery because of the smoke components, so watch your step! Please do not run.

Check !! - Crouch to 120cm or lower and go along the wall.

[In this maze, the alarm goes off whenever you remain above 120cm. Get down as low as you can !]

- Go for the nearest emergency exit and close the door when everybody has completely escaped.
- Do not run, or push other people.
- Keep calm and cover your nose and mouth with a towel or some clothing.



煙 Smoke simulation

おかしも

What is "O Ka shi mo" ?

"Okashimo" means a rice cake in Japanese.
But for emergencies, it becomes a mnemonic for a safe escape.
In Japan, all schoolchildren learn it by heart.

O

お さない (Osanai 押さない)

Don't push other people



Ka

か けない (kakenai 駆けない)

Don't rush outside



Shi

し やべらない (shaberanai 喋らない)

Don't chat, but keep calm

Mo

も どらない (Modoranai 戻らない)

Don't go back

Stay away from Fire



[It can be experienced by more than 3 years old]

地震 Earthquake simulation

How can you escape from disasters safely ?

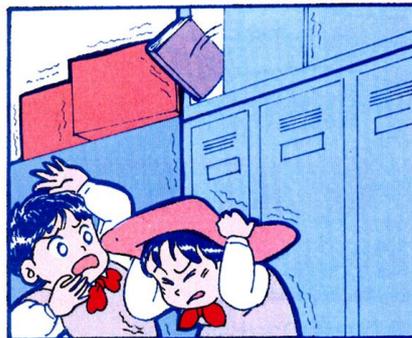
-If you are in a room, go under a table and hold its until the quake is gone.
Don't rush, Calm down.



Notes on training.

- ◆ Because it hurt sandwiched a hand on the floor and table legs to have the bottom of the table legs, please have upwards from the middle of the legs of the table.

-When you feel a quake, cover your head with something like a cushion or a bag.



-If you are outside, Please away from ramshackle walls and collapse likely building.

-After the main shock is subsided, before the aftershocks come by opening the doors and windows to ensure the emergency exit. let's turn

Earthquake Early Warning [EEW]

When major earthquake occurs, the Japan Meteorological Agency provides an Earthquake Early Warning, indicating the areas that are about to be hit by strong tremors.