【*TFD Life Safety Information (July 2019)*】

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- **STOP Residential Fires!**
- **Home Fire Alarms Save You!**
- **Avoid Heatstroke!**
- **The TFD Official Application Helps You!**

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=====STOP Residential Fires! ==========

Fifty-seven people died (except suicide) from residential fires by June 30, 2019.

This means an increase of 13 deaths as compared with those in the same period in 2018.

"Smoking" and *"Cooking range"* come as the main causes of fires.

Keep the following tips in your mind for fire safety!

【Smoking】

(1) Don't smoke in bed.

(2) Don't drink, smoke, and fall asleep.

(3) Don't leave cigarette butts in an ashtray.

(4) Put out cigarette butts completely with water.

【Cooking Range】

(1) Don't leave the range unattended while cooking.

(2) Don't leave flammable objects around the range.

(3) Use a fire-retardant apron and/or arm covers.

(4) Keep the range flame exactly under the pot.

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======Home Fire Alarms Save you!==========

On October 1, 2004, the TFD made the installation of home fire alarms mandatory for newly-built houses. Likewise, it was made mandatory for existing houses on April 1, 2010.

Home fire alarms are for living rooms, kitchens, and stairways.

【Check Out Alarms!】

(1) Make sure all living rooms, kitchens and stairways have the alarms.

(2) Check and clean the alarms regularly.

(3) Check and change the batteries.

(4) Check and change the alarms in ten years or so after the start of their use.
(See the date of installation or the date of manufacture shown on the alarm.)

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====== **Avoid Heatstroke!** ==========

We had "tropical days" last month here in Tokyo. Here are the tips to avoid heatstroke.

(1) Get along the hot weather gradually.

(2) Avoid the places with extreme temperatures, humidity, and direct sunlight.

(3) Drink water or take cold refreshments regularly.

(4) Take breaks frequently when exercising.

(5) Don't leave your children alone in a vehicle.

(6) Children are exposed to hot circumstances more frequently than adults. Watch out for the changes of children's physical conditions.

*"Should I go to the hospital or get the ambulance right now???"…*The **Tokyo EMS Guide** can help you. (Why don't you make it your constant companion for use in an emergency??)

【Tokyo EMS Guide】

Put in "Tokyo EMS Guide" and get it right there on the Internet!

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== **The TFD Official Application Helps You!**==========

Get the TFD Application. Get fire and emergency services information ANYTIME, ANYWHERE with EASE!! It is basically in Japanese, however, with some foreign language versions—English, Chinese (in original and simplified character forms), and Korean.

Get it downloaded on your smartphone! Make it your constant companion!

【*What's It About?*】

Emergency contacts・EMS support・FAQ・Fire service map・Schedule・Event news・Stamp rally・Mini games

● On the Internet, get 東京消防庁アプリ (TFD Application) for download.

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URL : http://www.tfd.metro.tokyo.jp/eng/safety_info.html